

HOME ECONOMICS

YEAR 12

WORKSHEET 2

You can answer on this paper if you have printed this worksheet and paste it in your exercise book or answer in your exercise book or activity book by writing down both questions and answers

Essay Writing

The Family

Breast feeding is a gift from nature.

With reference to the above statement, discuss **two**

- advantages of breast feeding. (2 marks)
- disadvantages of breast feeding. (2 marks)
- ways working mothers can still provide breast milk for their babies. (2 marks)
- ways family members can support the working mother to continue breast feeding. (2marks)

1. Social changes occurring within families have an effect on family structure.

With reference to the above statement, discuss

- **two** social changes that occur within a family. (2 marks)
 - **one** positive effect of each of the changes on the family. (2 marks)
 - **one** negative effect of each of the changes on the family. (2 marks)
 - **one** way families can manage the social changes identified. (2 marks)
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2. Post natal care is important to both the mother and the baby.

With reference to the above statement, discuss **two**

- importance of post-natal care for the mother. (2 marks)
- types of care given to the mother during this period. (2 marks)
- importance of post-natal care for the baby. (2 marks)
- types of care given to the baby during this period. (2 marks)

3. Food and Nutrition

Kitchen Safety, Hygiene and Management

Building Industrial kitchens can make a huge statement when planned and executed properly.

With reference to the above statement, discuss **two**

- importance of careful planning before building an Industrial kitchen. (2 marks)
- points to consider when selecting features for an Industrial kitchen. (2 marks)
- effects of having an exposed brick works and pipes in the kitchen. (2 marks)
- effects of having open shelving in the kitchen. (2 marks)

The End